

### Top Chrono entrainement - CMI

Quadruple de ...

5 →	___	3 →	___	4 →	___	20 →	___
10 →	___	7 →	___	4 →	___	90 →	___
9 →	___	3 →	___	1 →	___	40 →	___
9 →	___	9 →	___	10 →	___	60 →	___
9 →	___	8 →	___	5 →	___	80 →	___

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**Top Chrono entrainement - CMI - CORRECTION***Quadruple de ...*

5 → 20	3 → 12	4 → 16	20 → 80
10 → 40	7 → 28	4 → 16	90 → 360
9 → 36	3 → 12	1 → 4	40 → 160
9 → 36	9 → 36	10 → 40	60 → 240
9 → 36	8 → 32	5 → 20	80 → 320

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